

Housing Authority of Fort Fairfield

18 Fields Lane

Fort Fairfield, ME 04742

PH: 207-476-5771

Fax: 207-476-5450

Zero Income Checklist and Contributions Worksheet

This form must be completed every 3 months

Resident Name: _____ Date: _____

Resident Address: _____

1. Food Expenses

Is the family receiving Food Stamps? Yes or No Monthly Food Stamp Amount \$ _____

How much do you spend on groceries **weekly**? \$ _____

How do you pay for your groceries? _____

HUD Regulation considers this income and must be in alignment/reflective of family size

2. Paper Products

What is the **weekly** value of paper products used by the family? \$ _____

(paper napkins, paper towels, toilet paper, diapers, wipes, trash bags, other paper goods,)

How does the family pay for these items? _____

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3. Grooming Products

What is the **weekly** cost of grooming products used by the family? \$ _____

(body wash, shampoo, conditioner, hair products, toothpaste, toothbrush, soap, feminine products)

How does the family pay for these items? _____

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4. Cleaning Products

What is the **weekly** cost of cleaning products used by the family? \$ _____

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(dish soap, floor cleaner, house cleaner, air fresheners)

How does the family pay for these items? _____
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5. Transportation Expenses

Does the family own a car? Yes or No If yes, how much are the car payments \$ _____

How does the family pay for the car? _____
HUD Regulation considers this income and must be in alignment/reflective of family size

What are the monthly amounts the family pays for the following? Tires \$ _____

Gas \$ _____ Maintenance/fluids \$ _____ Insurance \$ _____

How does the family pay for these expenses? _____
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If no, does the family use the bus, a cab, or Uber? Yes or No

If yes how much does it cost? _____

How does the family pay for these services? _____
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6. Entertainment Expenses

Does the family have cable television? Yes or No If so, how much does it cost monthly? _____

Does the family have streaming services? (Hulu, Netflix, HBO, Prime) \$ _____

How much does the family pay for cable and streaming services? \$ _____
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What are the average monthly amounts the family pays for the following? Lottery \$ _____

Movie/Game Rentals \$ _____ Alcohol \$ _____ Restaurants \$ _____

How much does the family pay for entertainment expenses? \$ _____

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7. Clothing Expenses

What is the **monthly** value of clothing and shoes for the family? \$ _____

How does the family pay for these items? _____

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What is the average **weekly** amount spent by the family for laundry? \$ _____
(laundry detergent, dryer sheets, fabric softener, etc.)

How does the family pay for laundry expenses? _____

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8. Smoking Expenses

Does anyone in the tenant's household smoke cigarettes, cigars, vapes, or e-cigarettes?
Yes or No

If yes, how many packs per day are smoked by the smokers in the household? _____

What is the average **weekly** cost of cigarettes/cigars/e-cigarettes? \$ _____

How does the family pay for these items? _____

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9. Communication Expenses

Does the family have a home phone? Yes or No

If so, how much is the **monthly** cost? \$ _____

How does the family pay for home phone services? _____

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Does the family have a cell phone(s)? Yes or NO

If so, how much is the **monthly** cost? \$ _____

How does the family pay for the cell phone(s) service? _____

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05/15/2024

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Does the family have internet? Yes or No If so, how much is the **monthly** cost? \$ _____

How does the family pay for the internet service? _____

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10. Utility Expenses

Does the family pay for utilities? Yes or No If so, how much does it cost **monthly**? \$ _____

How does the family pay for utilities? _____

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11. Miscellaneous Expenses

Does the family pay for the rental/purchase of furniture? Yes or No

If so, what is the **weekly** cost? \$ _____

How does the family pay for the furniture? \$ _____

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Does the family pay for the rental/purchase of electronics? Yes or No

If so, what is the **weekly** cost? \$ _____

How does the family pay for the merchandise? \$ _____

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Does the family pay for the rental/purchase of appliances? Yes or No

If so, what is the **weekly** cost? \$ _____

How does the family pay for the merchandise? \$ _____

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What are the average **monthly** amounts the family pays for the following?

Manicures/pedicures \$ _____

Hairstyling \$ _____

How does the family pay for these expenses? \$ _____

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Does the family have unreimbursed school expenses? Yes or NO

If yes, what is the **weekly** cost? \$ _____

How does the family pay for these expenses? \$ _____

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Does the family have any unreimbursed childcare expenses? Yes or NO

If yes, what is the **weekly** cost? \$ _____

How does the family pay for these expenses? \$ _____

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Does the family have any unreimbursed medical expenses? Yes or NO

If yes, what is the **weekly** cost? \$ _____

How does the family pay for these expenses? \$ _____

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Do you currently receive payments from Only Fans, TikTok, DoorDash, Uber, or any other services? Yes or No If so, how much \$ _____

List all monies you have received in the past 90 days: _____

Under the penalty of perjury, I hereby certify that the declarations I have made in the document are true and complete. I understand and acknowledge that any knowing or willful misrepresentation of the declarations (including submission of falsified supporting documentation to support my declarations) contained in this document may result in civil liability and/or criminal penalties, including but not limited to fine or imprisonment, or both under the provisions of Title 18 of the United States Code (USC), section 1001. A person convicted of violation 18 USC 1001 shall be fined not more than \$10,000.00, or imprisoned not more than 8 years, or both.

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Signature

Date